Child: Good morning, Lord. It’s always a beautiful day when I’m focusing on You. You’re the Light of my life! What You did for me and all mankind on the cross is amazing! Your love is amazing!

1 John 3:16 We know love by this, that He laid down His life for us; and we ought to lay down our lives for the brethren.

It’s reassuring to know that You are now seated in victory at the right hand of God the Father.

Jesus Christ: It’s a beautiful day talking to you, ___________. Since you believe in Me as your Savior, you are in union with Me, you are “in Christ”. In other words, we are friends because we share the thinking of God! That union and friendship will never be taken away from you. And, My inheritance from God the Father is your inheritance; or, what is Mine spiritually in My humanity is yours! God the Father wants you to focus on the wonders of who you are in Me. I recommend that you go to allaboardgodstrain.org and read The Wonders of Being in Christ.

2 Corinthians 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. (KJV)
Child: That is great thinking! I know I will be with You forever and continue to learn forever about You, God the Father and God the Holy Spirit. My thinking about You All will grow and grow and grow! You indwell or live inside me now and I will be face to face with You forever in heaven!

Jesus: Isn’t that encouraging and exciting? Mankind has gone from innocence (Adam and Eve), to falling into sin (Adam and Eve), to being rescued (mankind) by My work on the cross. You can’t go back to innocence; however, you do have salvation or deliverance by grace through faith in Me. You have abundant eternal life in Me - Jesus Christ!

John 3:16 "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life."
Child: That is fabulous! You and I both know that I am certainly not sinless. However, I do know and believe the promise that You took care of all of my sins on the cross. You paid the price to God the Father for them! You're the Remedy to the sin issue!

Ephesians 1:7-8a In Him we have redemption through His blood [His saving work on the cross], the forgiveness of our trespasses, according to the riches of His grace which He lavished on us.

Jesus: Since you are a believer, the issue for you is to realize when you are sinning so you can be freed from being a slave to sin! But you can only do that WITH THE SPIRIT and BY THE SPIRIT! He will make known your sins to you. He will give you His power to stop them as a lifestyle. He will renew your mind with the word of God. He will teach you how to live the new life in Me. Remember, God the Holy Spirit indwells or lives inside of you!
Child: God the Father wants to RESCUE US from the deadly effects of sin. His way is for us to acknowledge it when we have sinned and fill our minds with Your thinking found in the Bible. God the Holy Spirit through His power will make it possible for us to do this and for us to sin less. He will renew our minds with truth from the Bible. God will give us the power and opportunity to start living our new life in You with Your thinking.

Child: Jesus, You proved that a human being could be obedient to the will of the Father. The Father gives us the opportunity to follow You and to be obedient sons and daughters. He wants sons and daughters that are living their new life in You. You already live in believers’ bodies. He wants us to grow in Your thinking so You will dwell in our hearts or minds - in the way we think and live!

Luke 22:42 “Father, if You are willing, remove this cup from Me; yet not My will, but Yours be done.”
Jesus: Since Adam sinned, it was necessary for Me to come to earth and go to the cross to pay the price for mankind’s sins. I rose from the dead and am now seated at the right hand of the Father. The Father is satisfied with My work on the cross for your sins. Seated there, I pray to the Father for you.

Child: Thank You, Jesus, for Your rescue and support! Your suffering on the cross, your death and your resurrection was for the purpose of our COMPLETE RESCUE FROM SIN so we can live this new life in union with You, the resurrected Jesus Christ!

1 John 2:1 My little children, I am writing these things to you so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous; and He Himself is the propitiation [satisfaction] for our sins; and not for ours only, but also for those of the whole world.
Jesus: Confessing your sins means to BE HONEST about the fact that you are sinning in a certain area. This is so you can be FREED from being a slave to sin. God the Holy Spirit will do the work of changing you. So, you can relax and know that only He can do the job! God the Father already knows your failures; He wants you to recognize them. God loves you so much and He doesn’t want sin to be your master! He wants Me, Jesus Christ, to be your Master!

Child: We can only do that WITH THE SPIRIT and BY THE SPIRIT! Galatians 5:16-17 But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Jesus: Ephesians 4:30-32 Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. (This is destructive; it doesn’t build up people!) Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. (Love builds up people; forgiveness builds up people!)
Child: As You’ve taught us, the Holy Spirit is grieved or sad when we are not living in God’s design for our life but rather living in the opposite (destructive) manner. If we gossip, we are to stop it and use our tongues to encourage people. We are to live as who we are in You.

Christ: The Holy Spirit is sad when you are living in the desires of your flesh. He wants you to live in your new man - to live in My thinking - and build up My body, the Church. Stop what is destructive and do that which builds up the Church. The Holy Spirit rejoices when this is happening. He wants you to live and to grow in His power.

Child: As the Holy Spirit changes our minds, it will lead to changing our behavior, our actions. He’ll be changing our thinking which controls our actions! We are to believe and obey the truth of God’s word.
Jesus: Galatians 5:16-17
But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

The Holy Spirit is the only one that can do anything against the flesh! The Holy Spirit is the one who is warring against the flesh and He can defeat it! The Spirit doesn’t run away when sin comes up. He’s there for the purpose of defeating the flesh! He wants you to have victory over sin. He is there every day rescuing you from sin and to help you put on the new man - to live in My thinking. God is interested in getting truth into your heart.
Child: God wants us to live the new life we have in You, Jesus Christ. We are to keep our eyes on You and Your ways of living. When we take our eyes off of You, we sin. When we sin, we get off the path of walking by the power of the Spirit. The Spirit will make us aware of our sin; we need to listen to Him and agree with Him and get back to walking in His power. He rescues us from sin so He can make us into adult sons and daughters of God. If we are thinking about the desires of the flesh, we won’t be thinking about You, Jesus! Our focus needs to be on You and what You have done on the cross! Your love is amazing!

Galatians 5:16-17 But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.
Romans 5:8-11 But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from the wrath of God through Him. For if while we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. And not only this, but we also exult in God through our Lord Jesus Christ, through whom we have now received the reconciliation.
John 17:25-26 Jesus’ Prayer for the Church

“O righteous Father, although the world has not known You, yet I have know You; and these have known that You sent Me; and I have made Your name [person] known to them, and will make it known, so that the love with which You loved Me may be in them, and I in them.”

Jesus:  Focus on the love of God, the love He has for you! Don’t focus on your sins. When you know that you are sinning, acknowledge it and get back on the path with the Spirit. Walk in the Spirit and focus on the love God the Father has for you!