Proof of the Humanity of the Lord Jesus Christ
Revised 6-16-2018
Dear Jesus Christ,

As You've taught us in the Bible, You were born with perfect humanity; You have a body, a soul, and a spirit and no old sin nature. We were born with imperfect humanity; at birth we each had a body, a soul, and an old sin nature but no human spirit. You've also taught us what our body, soul, and spirit are. The body is just a house for the soul and spirit. Our soul is made up of emotions, volition, conscience, mentality, and self-consciousness. At salvation, we receive a human spirit from God the Holy Spirit. Natural man, man with just a body and soul, can't understand the things of God. That is why He gives us a human spirit which has a spiritual I.Q. or spiritual intelligence. This spiritual intelligence is the same for every believer. The Holy Spirit has made it so no one gets left out in learning Bible doctrine! How cool is that? Jesus Christ, I know that You were born with perfect humanity, body, soul, and spirit! In the following pages are scriptures that can be used to prove this to others.

John 1:14  And the Word became flesh, and dwelt among us, and we saw His glory, glory as of the only begotten from the Father, full of grace and truth.
We will look at the scriptures You gave us to answer this question, "**Does Jesus Christ possess a body that is truly human?**"

The Greek word for "flesh" is **sarx**. It means: the human body, the entire human person, the mortal nature; the truly human bodily nature of Jesus Christ. Here are some scriptures where the word **sarx** is used for flesh.

**Romans 8:3** For what the Law [Mosaic Law] could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh....

**Romans 9:5** Whose are the fathers, and from whom is the Christ according to the flesh, Who is over all, God blessed forever. Amen.

**1 Timothy 3:16** By common confession, great is the mystery of godliness: He Who was revealed in the flesh, was vindicated in the Spirit, seen by angels, proclaimed among the nations, believed on in the world, taken up in glory.

**Hebrews 2:14** Therefore, since the children share in flesh and blood, He Himself likewise also **partook of the same**, that through death He might render powerless him who had the power of death, that is, the devil....

Jesus Christ, we certainly have evidence from the Bible that You had human flesh!

**1 Peter 4:2** Therefore, since Christ has suffered in the flesh, arm yourselves also with the same purpose, because he who has suffered in the flesh has ceased from sin, so as to live the rest of the time in the flesh no longer for the lusts of men, but for the will of God.
Now we'll look at another Greek word, *soma*, which means "body". Here are a few scriptures You've given us where *soma* is used and prove that You, Jesus Christ, have a body.

1 Peter 2:24  And He Himself bore our sins in His **body** on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed.

Luke 23:52-53  This man [Joseph of Arimathea] went to Pilate and asked for the **body** of Jesus, and he took it down and wrapped it in a linen cloth, and laid Him in a tomb cut into the rock, where no one had ever lain.

Colossians 2:9  For in Him all the fullness of Deity dwells in **bodily** form.

Hebrews 10:5  Therefore, when He [Jesus Christ] comes into the world, He says, "Sacrifice and offering You [God the Father] have not desired, but a body You have prepared for Me....

John 2:20-21  The Jews then said, "It took forty-six years to build this temple, and will You rise it up in three days?" But He was speaking of the temple of His body.

Jesus, we definitely have evidence that You have a human body!
Now we are going to look at some scriptures that answer the question, “Does Jesus Christ have a human soul, spirit, and will?

Matthew 26:36-37 Then Jesus came with them to a place called Gethsemane, and said to His disciples, “Sit here while I go over there and pray.” [The human soul of Jesus prays.] And He took with Him Peter and the two sons of Zebedee, and began to be grieved and distressed. [Emotions which take place in the human soul.]

Matthew 26:38 Then He said to them, “My soul is deeply grieved, to the point of death; remain here and keep watch.”

Matthew 26:39 And He went a little beyond them, and fell on His face and prayed, saying, “My Father, if it is possible, let this cup pass from Me; yet not as I will but as You will.” [The humanity of Jesus Christ had a human will, part of His human soul.]

John 13:21 When Jesus had said this, He became troubled in spirit, and testified and said, “Truly, truly, I say to you, that one of you will betray Me.”

Luke 23:46 And Jesus, crying out with a loud voice [soul showing emotion] said, “Father, into Your hands I commit[ the soul showing will or volition] My spirit.” Having said this, He breathed His last.

Without a doubt, Jesus Christ, You have a human soul and a human spirit! You have a complete human nature; it wasn’t like Your human nature provided Your body and Your divine nature provided Your soul and spirit. Your human nature provided Your human body, soul, and spirit!
The next question is, “Does the Old Testament look forward to the Messiah as a human being which matches the description of Jesus Christ in the New Testament?”

The Old Testament does look forward to You, the Messiah, as a human being. It does this through **typology** and **prophecy**. I’ve learned that **typology** is the study of types or symbols of something or someone. **Prophecy** is the prediction or telling what is going to take place in the future. In the Old Testament, a **type** was like a shadow of the real thing that is being talked about in the New Testament. The real thing is called the **anti-type**. Noah’s ark is a **type** of You, our Lord and Savior Jesus Christ, the **anti-type**. The ark carried Noah and his family to deliverance or salvation from the flood. It was a shadow of You, our true Messiah; You, Jesus Christ carried our sins and brought salvation to the entire race. Amazing grace!

1 Corinthians 10:4  And all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and the rock was Christ.
Many Old Testament types of You are human beings. Adam, Abraham, Isaac, Joseph, and David are a few. Adam was the first human and referred to as the first Adam. Jesus Christ, You are referred to as the Last Adam. Adam was a type of You. Isaac, the son of Abraham, was a type of You. He was a human being going to be sacrificed on the altar to glorify God. This pointed to You going to the cross to be sacrificed for our salvation. David was a king, a type of You in that he was a ruler of human beings. Jesus Christ, You will be the King and Ruler in the Millenium. These types point to Your humanity, our Messiah, our Lord Jesus Christ, the Anti-type.

Genesis 22:1 Some time later God tested Abraham. He said to him, “Abraham!” “Here I am,” he replied. Then God said, “Take you son, your only son, Isaac, whom you love, and go to the region of Moriah. Sacrifice him there as a burnt offering on one of the mountains I will tell you about.”
Jesus Christ, You are the promised Messiah. Many Old Testament Messianic prophecies foretell of Your human qualities.

Genesis 3:15  And I will put enmity between you [Satan] and the woman. And between your seed and her seed: He [Jesus Christ] shall bruise you on the head, and you shall bruise Him on the heel."

Isaiah 7:14  Therefore the Lord Himself will give you a sign: Behold, a virgin will be with child and bear a son, and she will call His name Immanuel [God is with us].

Isaiah 9:6  For a child will be born to us, a son will be given to us; and the government will rest on His shoulders; and His name will be called Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace.
Human beings have names. The question, “What names were given to Him?” can easily be answered. Jesus is the name given for Your humanity. Paul calls You “the man Christ Jesus”. You were called the Son of David. This title linked You to Your ancestor, David. “Son of Man” is the name that You often gave to Yourself. The title “Son of Man” focused on Your lowliness and humanity, on Your suffering and death, and on Your future reign as King. Jesus Christ, You definitely were given names and have a human nature as well as a divine nature. What a Man!

1 Timothy 2:5    For there is one God, and one mediator also between God and men, the man Christ Jesus....
Matthew 1:1    The record of the genealogy of Jesus the Messiah, the Son of David, the Son of Abraham....
Matthew 8:20    Jesus said to him, “The foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay His head.”
Luke 24:7    Saying that the Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again.”
Matthew 24:27    For just as the lightning comes from the east and flashes even to the west, so will the coming of the Son of Man be.

Matthew 1:21    She will give birth to a son, and you [Joseph] are to give him the name Jesus, because He will save His people from their sins.
Lord, Jesus Christ, You were described as having a human appearance. You showed the characteristics and limitations that we humans have. You were hungry, thirsty, tired, compassionate, sorrowful, troubled, sympathetic, just to name a few. You were born as a baby, grew as a child, and lived as a man. After you paid the price for our sins on the cross, You died physically.

Luke 1:80   And the child continued to grow and to become strong in spirit, and He lived in the deserts until the day of His public appearance to Israel.
Mark 11:12  On the next day, when they had left Bethany, He became hungry.
John 19:28  After this, Jesus, knowing that all things had already been accomplished, to fulfill the Scripture, said, “I am thirsty.”
John 4:6   And Jacob’s well was there. So Jesus, being wearied [tired] from His journey, was sitting thus by the well. It was about the sixth hour.
Matthew 8:24  He slept!
Matthew 9:36  When He saw the crowds, He had compassion on them, because they were harassed and helpless, like sheep without a shepherd.
John 11:35  Jesus wept.
Hebrew 4:15  For we do not have a high priest Who cannot sympathize with our weaknesses, but One Who has been tempted in all things as we are, yet without sin.
John 19:30  When He had received the drink, Jesus said, “It is finished.” With that, He bowed His head and gave up His spirit.
Jesus Christ, You are special! You are unique. There is no other person like You. You are One of a kind! To Your eternal (always was and always will be), undiminished (nothing taken away) Deity was added perfect humanity. The Bible gives us the evidence or facts we need to know to believe this and to prove that it is true. With this information we can prepare ourselves to present our case and prove that You, Jesus Christ, added perfect humanity to Your perfect Deity! You are the unique One, undiminished God and perfect humanity!