## Fruit of the Spirit



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Fruit of the Holy Spirit



Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law [we can't do works to experience them; we study the Bible and the Holy Spirit gives us understanding of them so we can experience them]. Patience is putting up with pain or trouble without complaining. The Lord Jesus Christ put up with extreme pain and trouble in being our Savior and He NEVER complained. He used the supernatural power of the Holy Spirit and the word of God. He used supernatural love and patience which the Holy Spirit poured into Him to the max! Jesus Christ used His love and patience to the max, along with the other parts of the fruit of the Spirit!





Sometimes we are pain and trouble! God has perfect patience with us. Can you imagine that? No one but God can have perfect patience with us. He can because He always has perfect patience! Another word for patience is longsuffering. This means being patient for a **I o n g** time. God tolerates and endures our sinful ways, waiting for us to wake up! This doesn't mean that He thinks our sinful ways are O.K. It means that God is waiting for us to change our thinking to agree with His thinking. Sometimes this takes a long time! God is longsuffering!

> When you're tempted to lose patience with someone, think how patient God has been with you all the time.





1 Timothy 1:16 And yet for this reason I found mercy, in order that in me as the foremost, Jesus Christ might demonstrate His perfect **patience**, as an example for those who would believe in Him for eternal life. (Paul talking)

God wants to help us to become patient. He is patient with us; we can learn from His word through the power of the Holy Spirit how to be patient with ourselves and others. The Holy Spirit will be teaching us about patience! He will give us understanding of it and the power to use it. The more thinking of Christ we have, the more understanding we will have and the more we will experience patience, a supernatural gift from God.



Colossians 1:11-12 Strengthened with **all** power, <u>according to His glorious might</u>, for the attaining of **all** steadfastness [faith] and <u>patience</u>; joyously giving thanks to the Father, who has qualified us to share in the inheritance of the saints in Light. Page 3 If we have patience, we will not get so angry. We will be slow to anger. We'll take time to cool down if something upsets us. We'll more often not say something that can hurt someone else. Patience is good for ourselves and those around us. It's not enjoyable for us to be around ourselves when we are angry! It's not fun to be around an angry person!



Psalm 103:8 The Lord is compassionate and gracious, slow to anger [patient] and abounding in lovingkindness.

God is sooo gentle with us. When we get off track He doesn't say, "Well, that's it for you!" God doesn't blow His top! He gives us what we need to get back on track. The Holy Spirit lets us know that our thinking is not God's thinking. His gentleness makes us want to grow in God's ways. To grow in God's ways we need to change our minds to think the way God thinks. This will get us back on track!



Romans 2:4 Or do you show contempt for the riches of His kindness, tolerance and **patience**, not realizing that God's kindness leads you toward repentance [change of mind]?

Because God has been and is gentle with us, we can learn to be gentle with others. God treats us with grace; He gives us room to grow. We learn to treat others with grace. We give them room to change their minds and grow in the love, knowledge and grace of God.



1 Thessalonians 5:14 We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be **patient** with everyone.

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For us to be patient the way God wants us to be patient, we have to use the power of God the Holy Spirit. We can't do it on our own. It is a supernatural quality. We have to abide in the Vine; this means to live using the thinking of Jesus Christ. The Holy Spirit will develop the understanding of patience in us as we learn the word of God and He'll give us the power to use it. God will give us a lot of power, His power! He wants us to experience His supernatural gift of patience. Let's enjoy God's gift of patience!



Ephesians 4:1-3 Therefore I [Paul], the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with **all** humility and gentleness, with **patience**, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace. Page 7